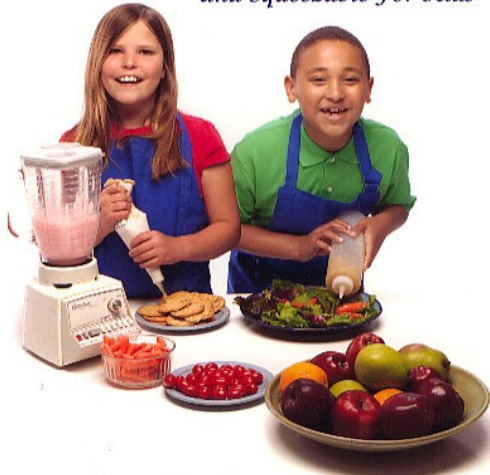


# California Squisine

*Healthy Food That's Fast, Fun  
and Squeezable For Kids*



*Malcolm Kushner*

**California Squisine**  
Cookbook  
Trade Paperback  
Publication Date:  
September 2006  
Price: \$11.95  
Size: 5 1/2 x 8 1/2

Author: Malcolm Kushner  
ISBN: 1-931741-67-0  
# Pages: 148  
Available from:  
Robert D. Reed Publishers  
541-347-9882

**Squeeze + Cuisine = Squisine**

**The Formula For Fun That  
Fights Obesity and Junk Food**

**100 Squeezable, No-Cook  
Healthy Recipes  
That Kids Will Eat**

***California Squisine: Healthy Food That's Fast, Fun And Squeezable For Kids***

encourages children to eat well by consuming squeezable recipes. It's simple. Kids have fun squeezing tasty, nutritious sauces, dips and dressings over fruits and vegetables. Then they eat their creations.

No cooking is required! And kids love it.

## **Features:**

- Each of the 100 recipes is:
  - Nutritious
  - Pediatrician approved
  - Kid tested
  - Quick and easy to make
  - Fun to squeeze and eat
- No cooking is required
- Children can make the recipes themselves
- Helps develop healthy eating habits
- Can use for meals or snacks
- Fun for the whole family

**The world's first cookbook of squeezable recipes.**

**Press Contact: Malcolm Kushner 831-425-4839 [mk@kushnergroupp.com](mailto:mk@kushnergroupp.com)**